

# Resources for Advocates



There are many resources available for Advocates and their Liaisons. These organizations are there to help you and provide support. Some are national and some are state.

## *National and State Phone Numbers*

### **Addictions**

Substance Abuse and Mental Health Services Administration (SAMHSA):  
800-662-4357

### **ADD & ADHD**

CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder):  
866-200-8098

### **Adult Cancer**

American Cancer Society: 800-227-2345

### **Adult Protection**

National Adult Protective Services Association: 202-370-6292

### **Alcoholics Anonymous (AA)**

Alcoholics Anonymous: 212-870-3400

### **Autism**

Autism Society: 800-328-8476

### **Behavioral Health**

National Alliance on Mental Illness (NAMI): 800-950-6264

### **Brain Injury**

Brain Injury Association of America: 800-444-6443

### **Business Complaints**

Better Business Bureau: 703-276-0100

## RESOURCES FOR ADVOCATES

### **Child Cancer**

St. Jude Children's Research Hospital: 800-822-6344

### **Child Protection Services**

Childhelp National Child Abuse Hotline: 800-422-4453

### **DNR (Dept of Natural Resources)**

**Alabama:** Alabama Department of Conservation and Natural Resources:  
800-272-4263

**Alaska:** Alaska Department of Fish and Game: 800-478-7468

**Arizona:** Arizona Game and Fish Department: 800-201-7165

**Arkansas:** Arkansas Game and Fish Commission: 800-364-4263

**California:** California Department of Fish and Wildlife: 888-334-2258

**Colorado:** Colorado Parks and Wildlife: 800-244-5613

**Connecticut:** Connecticut Department of Energy and Environmental Protection:  
800-842-4357

**Delaware:** Delaware Division of Fish and Wildlife: 800-523-3336

**Florida:** Florida Fish and Wildlife Conservation Commission: 888-404-3922

**Georgia:** Georgia Department of Natural Resources: 800-241-4113

**Hawaii:** Hawaii Department of Land and Natural Resources: 808-587-0400

**Idaho:** Idaho Department of Fish and Game: 800-554-8685

**Illinois:** Illinois Department of Natural Resources: 800-244-5613

**Indiana:** Indiana Department of Natural Resources: 800-792-1112

**Iowa:** Iowa Department of Natural Resources: 800-532-2020

**Kansas:** Kansas Department of Wildlife, Parks and Tourism: 620-672-5911

**Kentucky:** Kentucky Department of Fish and Wildlife Resources: 800-858-1549

**Louisiana:** Louisiana Department of Wildlife and Fisheries: 800-256-2749

**Maine:** Maine Department of Inland Fisheries and Wildlife: 800-442-2511

**Maryland:** Maryland Department of Natural Resources: 877-620-8367

**Massachusetts:** Massachusetts Division of Fisheries and Wildlife: 800-632-8075

**Michigan:** Michigan Department of Natural Resources: 800-292-7800

**Minnesota:** Minnesota Department of Natural Resources: 888-646-6367

## RESOURCES FOR ADVOCATES

**Mississippi:** Mississippi Department of Wildlife, Fisheries, and Parks: 800-237-6278

**Missouri:** Missouri Department of Conservation: 800-392-1111

**Montana:** Montana Fish, Wildlife & Parks: 800-847-4868

**Nebraska:** Nebraska Game and Parks Commission: 800-742-8521

**Nevada:** Nevada Department of Wildlife: 800-992-0900

**New Hampshire:** New Hampshire Fish and Game Department: 603-271-3421

**New Jersey:** New Jersey Division of Fish and Wildlife: 800-222-0456

**New Mexico:** New Mexico Department of Game and Fish: 800-432-4263

**New York:** New York State Department of Environmental Conservation:  
800-847-7332

**North Carolina:** North Carolina Wildlife Resources Commission: 800-662-7137

**North Dakota:** North Dakota Game and Fish Department: 701-328-6300

**Ohio:** Ohio Department of Natural Resources: 800-945-3543

**Oklahoma:** Oklahoma Department of Wildlife Conservation: 800-522-8039

**Oregon:** Oregon Department of Fish and Wildlife: 800-720-6339

**Pennsylvania:** Pennsylvania Game Commission: 800-742-8001

**Rhode Island:** Rhode Island Department of Environmental Management:  
401-222-3070

**South Carolina:** South Carolina Department of Natural Resources: 800-922-5431

**South Dakota:** South Dakota Game, Fish, and Parks: 800-738-2312

**Tennessee:** Tennessee Wildlife Resources Agency: 800-831-1174

**Texas:** Texas Parks and Wildlife Department: 800-792-1112

**Utah:** Utah Division of Wildlife Resources: 800-662-3337

**Vermont:** Vermont Fish and Wildlife Department: 802-828-1000

**Virginia:** Virginia Department of Wildlife Resources: 866-721-6911

**Washington:** Washington Department of Fish and Wildlife: 360-902-2200

**West Virginia:** West Virginia Division of Natural Resources: 304-558-6200

**Wisconsin:** Wisconsin Department of Natural Resources: 888-936-7463

**Wyoming:** Wyoming Game and Fish Department: 307-777-4600

## RESOURCES FOR ADVOCATES

### **Drug Addiction**

SAMHSA: 800-662-4357

### **Eating Disorders**

National Eating Disorders Association (NEDA): 800-931-2237

### **Elder Abuse**

National Center on Elder Abuse: 855-500-3537

### **Employment (Fair Labor Laws)**

Wage and Hour Division: 866-487-9243

### **Fair Housing**

HUD Fair Housing: 800-669-9777

### **Gambling**

National Council on Problem Gambling: 800-522-4700

### **Grief Counselors**

National Suicide Prevention Lifeline: 800-273-8255 (offers grief counseling as well)

### **Gun Safety**

National Shooting Sports Foundation: 203-426-1320

### **Hunting Safety**

See DNR (Dept of Natural Resources)

### **Insurance Commission**

National Association of Insurance Commissioners: 816-783-8300

### **IRS**

Internal Revenue Service: 800-829-1040

### **Labor and Industries**

U.S. Department of Labor: 866-487-2365

### **Law/Bail Association**

National Association of Criminal Defense Lawyers: 202-872-8600

## RESOURCES FOR ADVOCATES

### **LGBT**

The Trevor Project: 866-488-7386

### **Life Flight or Similar Services**

Life Flight Network (serves the Pacific Northwest): 800-232-0911

### **Low Income**

National Low Income Housing Coalition: 202-662-1530

### **National Human Trafficking Hotline**

National Human Trafficking Hotline: 888-373-7888

### **OCD**

International OCD Foundation: 617-973-5801

### **Ombudsman's Office**

National Long-Term Care Ombudsman Resource Center:  
202-332-2275

### **Senior Citizen Help**

Eldercare Locator: 800-677-1116

### **Sex Addiction**

Sex Addicts Anonymous: 713-869-4902

### **Sexual Assault Hotline**

800-656-HOPE: 800-656-4673

### **Shriners Hospitals for Children**

Shriners Hospitals for Children: 800-237-5055

### **St. Jude Children's Research Hospital (Kids Cancer)**

St. Jude Children's Research Hospital: 800-822-6344

### **Suicide**

National Suicide Prevention Lifeline: 800-273-8255

### **Victims Witness**

Office for Victims of Crime: 800-851-3420

## RESOURCES FOR ADVOCATES

### **Weapons Advocacy**

National Rifle Association (NRA): 800-672-3888

### *Types of Support Groups*

#### **Adoption**

AdoptUSKids: 888-200-4005

#### **AA (Alcoholics Anonymous)**

Alcoholics Anonymous: 212-870-3400

#### **Cancer**

American Cancer Society: 800-227-2345

#### **Gambling**

National Council on Problem Gambling: 800-522-4700

#### **MADD (Mothers Against Drunk Driving)**

MADD: 877-623-3435

#### **Senior Care**

National Council on Aging: 571-527-3900

#### **Sexual Assault**

RAINN (Rape, Abuse & Incest National Network): 800-656-4673

#### **Suicide**

National Suicide Prevention Lifeline: 800-273-8255

#### **Teens**

Teen Line: 800-852-8336

## RESOURCES FOR ADVOCATES

### *Miscellaneous Resources*

#### **Automobile**

DMV Headquarters (California): 800-777-0133

DMV Headquarters (New York): 518-486-9786

([dmv.org](http://dmv.org))

#### **Embassy Number**

For specific embassy numbers, visit [usembassy.gov](http://usembassy.gov)

#### **Fianancial**

GoFundMe — [gofundme.com](http://gofundme.com)

#### **FMLA Rules**

Department of Labor: 866-487-9243 — [dol.gov/whd/fmla](http://dol.gov/whd/fmla)

### *Disaster Relief*

#### **FEMA**

FEMA: 800-621-FEMA (3362) — [fema.gov](http://fema.gov)

#### **Hunger**

Feeding America National Office: 800-910-5524 —

[feedingamerica.org](http://feedingamerica.org)

#### **Natural Disaster**

FEMA: 800-621-FEMA (3362) — [fema.gov](http://fema.gov)

#### **Red Cross**

Red Cross: 800-RED-CROSS (733-2767) — [redcross.org](http://redcross.org)

## RESOURCES FOR ADVOCATES

### *Crime Hotlines and Resources*

#### **Bullying**

National Bullying Prevention Center: 800-273-8255 (for suicide prevention related to bullying) — [stopbullying.gov](http://stopbullying.gov)

#### **Crime**

FBI Headquarters: 202-324-3000 — [fbi.gov](http://fbi.gov)

#### **Cyber Crime**

FBI Headquarters: 800-CALL-FBI (225-5324) — [cisa.gov](http://cisa.gov)

#### **Domestic Violence (DV)**

The Hotline: 800-799-SAFE (7233) — [thehotline.org](http://thehotline.org)

#### **Drugs (substance abuse)**

National Helpline: 800-662-HELP (4357) — [samhsa.gov](http://samhsa.gov)

#### **Identity Theft**

Identity Theft: 877-ID-THEFT (438-4338) — [identitytheft.gov](http://identitytheft.gov)

#### **Murder**

FBI Headquarters: 202-324-3000 — [fbi.gov](http://fbi.gov)

#### **Prison**

Federal Bureau of Prisons: 202-307-3250 — [bop.gov](http://bop.gov)



## RESOURCES FOR ADVOCATES

### *Veterans*

#### **Veterans Specific Assistance**

America's Mighty Warriors: 623-537-5322 — [americasmightywarriors.org](http://americasmightywarriors.org) and [americasmightywarriors@gmail.com](mailto:americasmightywarriors@gmail.com)

Team RWB (Red, White & Blue) — [www.teamrwb.org](http://www.teamrwb.org)

Team Semper Fi — [thefund.org/our-programs/integrative-wellness-program/peter-murphy-sports-program-team-semper-fi](http://thefund.org/our-programs/integrative-wellness-program/peter-murphy-sports-program-team-semper-fi)

US Dept. of Veterans Affairs-Vet Centers — [www.vetcenter.va.gov/](http://www.vetcenter.va.gov/) and [www.ptsd.va.gov](http://www.ptsd.va.gov)

U.S. Vet Centers & Mobile Vet Centers: 877-WAR-VETS (927-8387) — [vetcenter.va.gov](http://vetcenter.va.gov)

Vet Center Call Center: 877-WAR-VETS (927-8387)

Veteran Affairs — [www.mentalhealth.va.gov](http://www.mentalhealth.va.gov), [www.va.gov/homeless](http://www.va.gov/homeless) and [www.va.gov/statedva.htm](http://www.va.gov/statedva.htm)

Wounded Warrior Program — [www.woundedwarriorproject.org](http://www.woundedwarriorproject.org)

#### **Homelessness (homeless veterans)**

National Call Center for Homeless Veterans: 877-4AID-VET (877-424-3838) — [va.gov/homeless](http://va.gov/homeless)

#### **VA Resources**

Make The Connection — [maketheconnection.net](http://maketheconnection.net)

MyHealthVet — [www.myhealth.va.gov](http://www.myhealth.va.gov)

National Caregiver Support Line: 855-260-3274 — [www.caregiver.va.gov](http://www.caregiver.va.gov)

National Center for PTSD — [www.ptsd.va.gov](http://www.ptsd.va.gov)

Post-9/11 Transition and Case Management — [www.va.gov/post911veterans](http://www.va.gov/post911veterans)

Post-9/11 Military2VA Case Management Team Contacts — [www.va.gov/post911veterans](http://www.va.gov/post911veterans)

VA Liaison Program Contacts — [www.va.gov/post911veterans](http://www.va.gov/post911veterans)

VA National Call Center for Homeless Veterans: 877-424-3838

Veterans Affairs Benefits: 800-827-1000

Veterans Affairs Health Care: 877-222-8387 — [www.va.gov](http://www.va.gov)

Veterans Crisis Line: 800-273-8255 (press 1)

## RESOURCES FOR ADVOCATES

### *24/7 Crisis Lines & Assistance (Suicide Prevention)*

American Foundation for Suicide Prevention —

[afsp.org/](http://afsp.org/) [info@afsp.org](mailto:info@afsp.org)

COPLINE: 800-COPLINE (24-hour hotline answered by retired LEOs) —

[www.copline.org](http://www.copline.org)

Crisis Text Line — [crisistextline.org](http://crisistextline.org)

Text TALK to 741741 to text with a trained crisis counselor for free, 24/7.

Firestrong 24/7 Firefighter & Family Crisis and Support Line:

844-525-FIRE (3473) — [firestrong.org](http://firestrong.org)

ICISF hotline (CISM team locator): 410-750-9600 — [icisf.org](http://icisf.org)

Military One Source: 800-342-9647 — [www.militaryonesource.mil/](http://www.militaryonesource.mil/)

[health-wellness/mental-health/suicide](http://www.militaryonesource.mil/health-wellness/mental-health/suicide)

National Suicide Prevention Hotline: call 988 or 800-273-8255;

Teen Link: 866-833-6546

TAPS 24/7 National Military Survivor Helpline: 800-959-TAPS (8277)

Veteran Crisis Line 800-273-8255 — [www.veteranscrisisline.net/](http://www.veteranscrisisline.net/)

Vets4Warriors 855-838-8255 — [www.vets4warriors.com](http://www.vets4warriors.com)

(Call, text, email or chat)

## RESOURCES FOR ADVOCATES

### *1st Responder Resource List*

#### **Chaplain Services / Academy**

First Responder Chaplaincy Academy: 509-991-1478 —  
[firstresponderchaplainacademy.org](http://firstresponderchaplainacademy.org)

Spokane County Sheriff Chaplaincy: 509-477-6625 — [scsohaplains.org](http://scsohaplains.org)

#### **Conference Resource Partners**

First H.E.L.P. — [www.1sthelp.net/index.php](http://www.1sthelp.net/index.php)

First Responder Wellness by Simple Recovery: 888-443-4898 — [www.firstresponder-wellness.com](http://www.firstresponder-wellness.com)

Sequoia Detox Centers — [sequoiadetoxcenters.com](http://sequoiadetoxcenters.com)

United We Rescue — [www.unitedwerescue.org](http://www.unitedwerescue.org)

#### **National Resource Partners**

First H.E.L.P. — [www.1sthelp.net/index.php](http://www.1sthelp.net/index.php)

#### **First Responder Mental Health**

First H.E.L.P./Mission Ready Retreats —  
[1sthelp.org/mission-ready-retreats](http://1sthelp.org/mission-ready-retreats)

First Responder Support Network 415-721-9789 — [www.frsn.org](http://www.frsn.org)

First Responder Wellness by Simple Recovery: 888-443-4898 — [www.firstresponder-wellness.com](http://www.firstresponder-wellness.com)

Fortitude for First Responders 888-573-0763 — [FirstResponderFortitude.com](http://FirstResponderFortitude.com)

United We Rescue — Supporting our first responder community, military service members, and veterans who have been mentally impacted by the work they do to serve and protect. — [info@unitedwerescue.org](mailto:info@unitedwerescue.org)

## RESOURCES FOR ADVOCATES

### **Therapy, Peer Support, Community Groups and other Resources**

22 Zero Healing the Hero — [22zero.org](http://22zero.org)

911 at Ease International 888 AT EASE 4: 888-283-2734 — [911aei.org](http://911aei.org)

All Clear Foundation — [allclearfoundation.org/resources](http://allclearfoundation.org/resources)

Everyone Goes Home — [www.everyonegoeshome.com/about-us](http://www.everyonegoeshome.com/about-us)

First Responder's Children's Foundation — [1strcf.org](http://1strcf.org)

Found Therapy Services — [www.foundtherapyservices.com](http://www.foundtherapyservices.com) (Washington)

Heal the Hero — [healthehero.org](http://healthehero.org)

Honor the Brave — [www.honorethebrave.com](http://www.honorethebrave.com)

How2loveyourcop — [www.how2loveyourcop.com](http://www.how2loveyourcop.com)

Mental Health.gov — [www.mentalhealth.gov](http://www.mentalhealth.gov)

NAMI: National Alliance on Mental Illness — [www.nami.org/Find-Support](http://www.nami.org/Find-Support)

National Institute for Mental Health — [www.nimh.nih.gov/index.shtml](http://www.nimh.nih.gov/index.shtml)

Neptune Warrior Project — [neptunedivers.wordpress.com](http://neptunedivers.wordpress.com)

Next Rung: CALL or TEXT 1-833-NXT-RUNG (698-7864) — [nextrung.org](http://nextrung.org) and  
[Info@nextrung.org](mailto:Info@nextrung.org)

NVFC National Volunteer Fire Council Share The Load Program: 888-731-FIRE  
(3473)24/7 crisis line for Fire/EMS — [www.nvfc.org/programs/share-the-load-program](http://www.nvfc.org/programs/share-the-load-program)

Operation Enduring Warrior-Task Force Sentinel — [www.enduringwarrior.org](http://www.enduringwarrior.org)

Quilts For Cops (Quilts for ALL injured first responders & K9's) — [quiltsforcops.com](http://quiltsforcops.com)

SCION Mental Health for LEOS - Self-Care Interactive Online Network —  
[www.goscion.org](http://www.goscion.org)

Soup Ladies 'Mama' 206-459-8477 — [Mama@soupladies.org](mailto:Mama@soupladies.org) and [www.soupladies.org](http://www.soupladies.org)

Team Rubicon — [teamrubiconusa.org](http://teamrubiconusa.org)

The Pines at Willingway (Adolescent treatment center):  
888-445-4510 — [willingway.com/the-pines](http://willingway.com/the-pines)

The Resiliency Project — [theresiliencyproject.info](http://theresiliencyproject.info)

Warrior's Rest Foundation — [www.warriorsrestfoundation.org](http://www.warriorsrestfoundation.org)

\*Check with your employer's EAP program or the VA for more resources

## RESOURCES FOR ADVOCATES

### *First Responder Wellness Services*

#### **Detoxification – Inpatient – Intensive Outpatient**

First H.E.L.P. reduces mental health stigma for first responders through education and awareness and assist first responders in their search for healing. We acknowledge the service and sacrifice of first responders lost to suicide and care for their families in the aftermath of a suicide loss — [1sthelp.org](http://1sthelp.org)

Firstresponder-wellness.com: 888-732-5731

Honoring the Service of First Responders Who Died by Suicide

### *Wellness and Mental Health*

#### **Wellness Programs & Recovery Centers**

The Battle Within — [www.thebattlewithin.org](http://www.thebattlewithin.org)

Deer Hollow Recovery & Wellness Centers: 801-679-6669 —  
[www.deerhollowrecovery.com](http://www.deerhollowrecovery.com)

First H.E.L.P./Mission Ready Retreats —  
[1sthelp.org/mission-ready-retreats](http://1sthelp.org/mission-ready-retreats)

IAFF Center of Excellence for Behavioral Health Treatment and Recovery: 855-900-8437 — [IAFFRecoveryCenter.com](http://IAFFRecoveryCenter.com)

Mental Health First Aid —  
[www.mentalhealthfirstaid.org/take-a-course/find-a-course](http://www.mentalhealthfirstaid.org/take-a-course/find-a-course)

On-Site Academy: 978-874-0177 — [onsiteacademy.org](http://onsiteacademy.org)

QPR - Question. Persuade. Refer: 888-726-7926 — [qprinstitute.com](http://qprinstitute.com)

REBOOT Recovery — [rebootrecovery.com/responders](http://rebootrecovery.com/responders)

Responder Strong: 303-724-0745 — [responderstrong.org](http://responderstrong.org), [info@ResponderStrong.org](mailto:info@ResponderStrong.org)

Save A Warrior: 1 wk. Intensive Cohort for Veterans & First Responders —  
[saveawarrior.org/home](http://saveawarrior.org/home)

Stronger Families — [strongerfamilies.com](http://strongerfamilies.com)

#### **Mental Health and Wellness Tools**

Alpha Stim (Electromedical Products International, Inc.): 800.FOR.PAIN —  
[www.alpha-stim.com](http://www.alpha-stim.com)

## RESOURCES FOR ADVOCATES

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### *Survivor Resources*

#### **Line-of-duty Death Resources**

First Responder Benefit Association — [www.frba.org](http://www.frba.org)

#### **Survivor (Family) Resources**

Care of Police Suicide Survivors (C.O.P.S.S.) — [copss.info/index.html](http://copss.info/index.html)

Concerns of Police Survivors (C.O.P.S.) 573-346-4911 —  
[www.concernsofpolicesurvivors.org](http://www.concernsofpolicesurvivors.org) and [cops@nationalcops.org](mailto:cops@nationalcops.org)

Ride for 22-Honor the Fallen — [ridefor22.org](http://ridefor22.org)

T.A.P.S. Tragedy Assistance Program for Survivors: 800-959-TAPS (8277). Offers compassionate care to all those grieving the loss of a loved one who died while serving in our Armed Forces or as a result of their service — [www.taps.org/mission](http://www.taps.org/mission)

### *K9 programs*

1st Responder Canine (FRK9) — [frk9.org/index.html](http://frk9.org/index.html)

Alliance of Therapy Dogs — [therapydogs.com](http://therapydogs.com)

Assistance Dogs International — [assistancedogsinternational.org](http://assistancedogsinternational.org)

Crisis Canines — [www.crisiscanines.org](http://www.crisiscanines.org)

First Responder Therapy Dogs — [firstrespondertherapydogs.org](http://firstrespondertherapydogs.org)

Healing Hounds of Colorado — [healinghoundsinc.org](http://healinghoundsinc.org)

Hero Pups Inc. — [heropups.com](http://heropups.com)

Hope Animal-Assisted Crisis Response: 877-HOPE-K9s — [www.hopeaacr.org](http://www.hopeaacr.org)

K9 First Responders — [k9fr.org](http://k9fr.org)

Lutheran Church Charities K-9 Comfort Dog Ministry —  
[www.lutheranchurchcharities.org/k-9-comfort-dogs-about.html](http://www.lutheranchurchcharities.org/k-9-comfort-dogs-about.html)

Thin Line Service Dogs — [thinlinesd.org](http://thinlinesd.org)

Valor Service Dogs — [valorservicedogs.org](http://valorservicedogs.org)

Webb's K9 Training — [webbsk9training.com/home](http://webbsk9training.com/home)

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